



# Fanning Education Centre/Canso Academy



## Newsletter

April 2024

### Message from the Office

Parents/Guardians:

Spring has finally arrived, even though the temperatures suggest differently! We are very busy preparing for our third and final student-led open house which will be held on Wednesday, April 3 from 5:00 pm to 6:30 pm. Mr. Byard's bus will be running that evening. We are hoping to beat our record of 96 participants, and have a great variety of activities/experiences planned!

Our continuing focus on our Student Success Plan will see all staff from P-12 reviewing provincial Math and Literacy data during our upcoming in-service days to inform instruction for all students during our final term of the 2023-2024 academic year. Staff will brainstorm and collaborate to design engaging and active learning experiences for all.

As always, staff will continue to foster positive relationships with your children as we know it is key to enhancing their learning experiences and engagement. As parents, your input is very important to us, so please reach out to us with questions or concerns.

All the best,

Ms. Richards and Mrs. MacLean



### Important Dates

April 1, 2024	Easter Monday (no classes PP-12)
April 2, 2024	P-8 Report Cards Distributed
April 3, 2024	Student-Led Open House (5-6:30 pm)
April 4, 2024	PP to 8: In-Service (9am – 12 pm); Parent/Teacher (12:30 pm -2:30 pm) *no classes for PP-8/regular classes for 9-12
April 18, 2024	9-12 Report Cards Distributed
April 25, 2024	9-12: In-Service (9am – 12 pm); Parent/Teacher (12:30 pm -2:30 pm) *no classes for 9-12/regular classes for PP-8



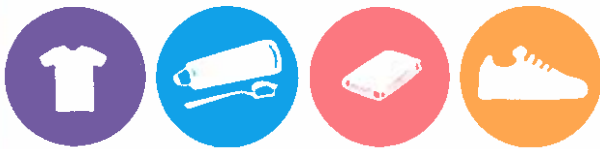
## FECCA Badminton

For the first time in many years, FECCA has a Badminton team! Districts will be held in New Glasgow on Wednesday & Thursday, April 10<sup>th</sup> & 11<sup>th</sup>. More news will follow for all participants in the coming week.



## FECCA Caring Closet

Our Caring Closet is open! All students are invited to access our Caring Closet. If assistance is needed, our Caring Closet Committee is filled with members ready to assist students of all ages. For more information, please give us a call at (902) 366-2225.



## The Caring Closet

## Spring Carnival

Mrs. Cleary is very busy planning our Spring Carnival. It will be held the week of April 29<sup>th</sup>- May 3<sup>rd</sup>. More details will be made available once all planning has been completed.



## A Special FECCA Thank-You

The Canso Lions Club hosted a Community Breakfast with all proceeds going to our Breakfast Program. We are very pleased to announce that we've received a generous donation of \$323.75 which will go directly to providing healthy, nutritious breakfasts for our students. We would like to thank our Lions Club for their continuing support of our children and entire school community!

**Councillor Janet Peitzsche** from the Municipality of the District of Guysborough has donated \$500 toward technology upgrades to enhance programming. Thank you, Councillor Peitzsche, for investing in our students!

## Homework Club

Ms. Danielle MacDonald hosts a Homework Club for students in grades 7-9 at lunch time on Days A, D and F. This is a wonderful opportunity for students to get extra help or get a head start on homework. The specific dates for April are April 3, 8, 10, 15, 18, 22, 25, and 30. Please encourage your child/children to attend if needed.



# Green Schools: April 22 is Earth Day!

This year's theme is **Planet vs Plastics** and underscores the urgent need to address the impact of plastics on our planet. While the conveniences of plastic materials have brought comfort and efficiency, the environmental cost has been staggering. Plastic pollution threatens ecosystems, wildlife, and human health.

This Earth Day we can choose to take meaningful action by reducing single-use plastics, supporting businesses committed to eco-friendly practices, or advocating for policy changes, every action counts. By making conscious choices in our daily lives, we can pave the way for a cleaner, healthier planet.

## Special Dates/Events:

April 3-9: National Wildlife Week

April 7: World Health Day

April 17: Bat Appreciation Day

April 22: Earth Day

April 28: Save the Frogs Day

## NS Power Scholarships

Nova Scotia Power offer 20 scholarships and eight bursaries to students in trades and degree programs. The categories for these include an African Nova Scotia Bursary, Emerging Leaders, Mi'kmaq Bursary, Nova Scotia Power Family, and Women in Trades. Applications are open until April 19, 2024. Learn more at [www.nspower.ca](http://www.nspower.ca)

## NSCC High School Entrance Award

Students can apply for twenty-six awards, valued at \$3620, supporting students demonstrating leadership and academic excellence and is open to full-time students enrolling in year one of any program at an NSCC campus. The deadline for applications is April 24, 2024. Learn more at [nsc.academicworks.ca](http://nsc.academicworks.ca)

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## FECCA's Next Student-Led Open House

On Wednesday, April 3, 2024, from 5:00 pm to 6:30 pm we will be hosting our final Student-Led Open House for this year. We have been very pleasantly overwhelmed with the wonderful turnout at the previous two and we are hoping to increase our numbers! This is a fantastic opportunity to view your child's/children's best work samples, visit a Vincent van Gogh inspired Art Show, take part in a Chemistry experiment or two, complete parent/child challenges in the classrooms and gymnasium. It is sure to be a great night, so be sure to "Hold the Date". Mr. Byard will be driving his bus to aid with transportation. The pick-up schedule is as follows:

4:30 pm: Beginning at Hanhams Store

- 1<sup>st</sup> Pick-Up at Hanhams Store
- 2<sup>nd</sup> Pick-Up at 79 Fox Island
- 3<sup>rd</sup> Pick-Up at Parish Hall, Dover
- 4<sup>th</sup> Pick-Up at 6 Boyd Street/School Street
- 5<sup>th</sup> Pick-up at 168 Durrell's Island Ext.

6:30 pm: Leaving FECCA

- 1<sup>st</sup> Drop-Off at 168 Durrell's Island Ext.
- 2<sup>nd</sup> Drop-Off at 6 Boyd Street/School Street
- 3<sup>rd</sup> Drop-Off at Parish Hall, Dover
- 4<sup>th</sup> Drop-Off at 79 Fox Island
- 5<sup>th</sup> Drop-Off at Hanhams

We hope to see you there!



## Nova Scotia International Student Program (NSISP)

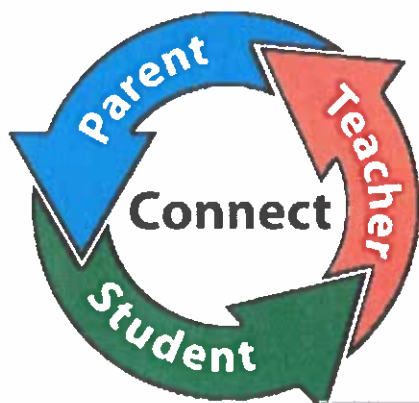
Since 1997, The NSISP has welcomed more than 12 000 students from 40 countries around the world into homes across Nova Scotia. Working in partnership with the Department of Education and Early Childhood Development, students are given the opportunity to improve their English language skills in one of the world's best public education systems. They are currently looking for host families to open their homes and hearts to an international student and be a part of this amazing program. Open your home and heart to an international student and bring the world home to you!

If you are interested in becoming a host family, please contact FECCA administration who will assist you with the process of contacting our homestay coordinator.



## Parent/Teacher Conferences

Grade P-12 Parent/Teacher will be held on Thursday, April 4, 2024, from 12:30-2:30 pm. Grade 9-12 Parent/Teacher will be held on Thursday, April 25, 2024, from 12:30-2:30 pm. Please contact the office at 902-366-2225 to book appointments. Please indicate if you would prefer an in-person appointment or a phone appointment. We look forward to meeting with you!





# APRIL

## FECCA Counselling Connection

School Counsellor: Jennie MacDonald

Contact: [jennie.macdonald@srce.ca](mailto:jennie.macdonald@srce.ca)

During the month of March Constable Sammy Hudak spoke with students who identify as females about careers with the RCMP. Students also learned about careers related to the environment through a Green School presentation organized by our Career Works Outreach worker.

Students also learned how to navigate the real world during Realty Check day, which was hosted by Schools Plus. Students learned how to sew, budget, make phone calls for appointments, purchase cars, homes, and entertainment packages, and planning for unexpected life events.

- ### This Month...
- Kelso Lessons/Assembly- Grade P-5
  - Scholarship Meeting for grade 12 - April 2 @ 9:00 am and April 4 @10:00 am
  - PATHs Support – Grade P-3 - continued
  - Career Planning - Grade 11
  - Cooking Club with Grade 10's
  - Techsploration Conference April 11-12
  - Walking Wednesday- grades 7-12 lunch recess

### Jack.org

To end the month, Jack.org Committee members planned an exciting Kelso assembly recognizing student who were being kind and practicing solving small problems. In addition, the committee planned an Easter Egg Hunt for students in P-6 to kick start the Easter long weekend. Students had a blast searching for eggs! Thanks to Jack.org for spreading cheer and wellness at school.



### Screen Time & Wellness

Screen time can be enjoyable. Too much screen time at a young age can lead to negative behaviours and emotions and affect brain development. It is important to minimize screen time and teach youth to balance screen time activities with screen-free activities. Included are some tips to help manage screen time.



# TIPS TO **MANAGE** YOUR SCREEN TIME

Screen time can be enjoyable. Too much screen time at a young age can lead to negative behaviours & emotions, poor sleep patterns, attention problems, and delays in language development. It is important to minimize screen time and learn how to balance screen time activities with screen-free activities. Without limits to technology use, youth can become addicted and have less interest and energy for other activities, which can have an impact on mental wellness.



## SET DAILY SCREEN TIME LIMITS

Introduce and enforce screen time rules. This will help your child change their habits and reduce their screen time.

For example, if your child uses technology for 3 hours a day, reduce it by 15 minutes each week.



## INTRODUCE SCREEN TIME RULES

Set screen free zones in the house, such as meal times and bedrooms.

Don't allow screen time one hour before bed.

Encourage a minimum amount of physical activity a day before screen time.

## REPLACE SCREEN TIME ACTIVITIES

Playing outside  
Reading  
Listening to music  
Playing board games/cards  
Baking/cooking  
Drawing/colouring  
Cleaning  
Gardening

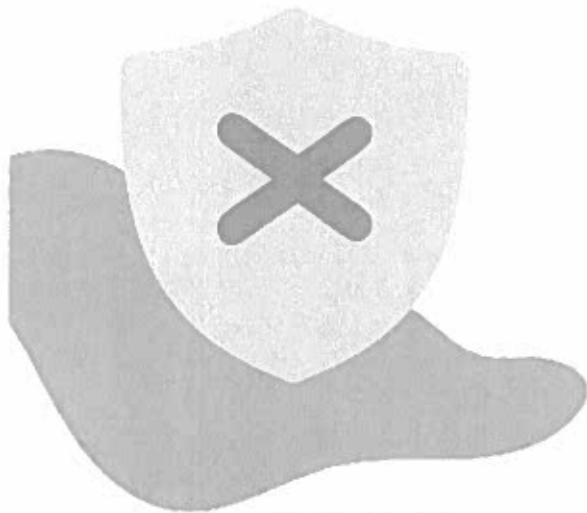


## TEACHING APPROPRIATE BEHAVIOUR ONLINE

Explain what is allowed/not allowed such as sexting, cyber bullying, and sharing personal information online.

Monitor your child's online behaviour.

Model appropriate online behaviour.



## ENSURE QUALITY SCREEN TIME

Choose educational age appropriate apps/programs.  
Pick programs and apps that require more than clicking and swiping.  
Review apps and programs in advance or use parental controls.





# APRIL

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 EASTER MONDAY	2 DAY H P-8 Report Cards Distributed	3 DAY A Student-Led Open House 5-6:30 pm	4 DAY B IN-SERVICE AM PARENT/TEACHER (12:30-2:30PM) NO CLASSES PP-8 REGULAR CLASSES 9-12	5 DAY C	6
7	8 DAY D	9 DAY E	10 DAY F	11 DAY G	12	13
14	15 DAY A	16 DAY B	17 DAY C	18 DAY D 9-12 Report Cards Distributed	19	20
21	22 DAY F EARTH DAY	23 DAY G	24 DAY H	25 DAY A IN-SERVICE AM PARENT/TEACHER(12:30-2:30 PM) NO CLASSES 9-12 REGULAR CLASSES PP-8	26	27
28	29 DAY C	30 DAY D				